



# ALASKA NATIONAL GUARD

## J1/HRO STATUS UPDATE



STATUS REPORT AS OF 15 JUNE 2011

### From the J1/HRO

This is your June 2011 Personnel Support Services and HRO Newsletter. Do you have questions concerning the **hiring process**? What about **technician appraisals** or your **benefits** when you deploy? J1 can assist you!

TAG, Gen Katkus' *TOP THREE PRIORITIES*: **1) recruiting and retention, 2) standards for Air, Army, and State, 3) Safety- risk mitigation driven by standards.**

All three rate high within J1. We strive to excel at supporting recruiting and retention with the many programs we offer. Standards ensure we meet our missions. Always think safety on and off the job – this could mean something as simple as actually driving 10 mph in the Armory parking lot.

My staff and I stand ready **to provide you top quality customer service and professional guidance**. Please call us with your questions: **428-6578**.

Col Edie Grunwald  
J1/HRO

***"Success seems to be connected with action. Successful people keep moving. They make mistakes but they don't quit."***

-Conrad Hilton, Hotel Executive

### Future Events

- 17 JUN Volunteer Planning Committee: 5-7 pm, Camp Denali, E-205
- Honoring Dad Family Event: 1-3 pm, Camp Denali
- 15 JUN Lunchtime Lecture, Camp Denali, Room D202, 1200: JFSAP: Basic Money Management
- 20-24 June Labor Management Agreement Negotiation Course, POC: SMSgt Karl Howard
- 24 June Friday Family Film Night, Various Armories, 6-9pm: MEGAMIND
- 25-26 JUN Strong Bonds—7 Habits of Healthy Military Families, Anchorage, POC: 907-428-6692
- 30 June – Thursday afternoon: HRO Closed – Will be open in the morning to assist you!
- **BE SURE to read your Alaska National Guard JSS Newsletter (it's purple and comes to your house) for many more events for the month of June!**

**BEST  
EVER!**

### Events Executed

- 1 JUN Lunchtime Lecture, Camp Denali, Room D202, 1200: JFSAP Life in a Balance
- 8 JUN Lunchtime Lecture, Camp Denali, Room D202, 1200: Employment Assistance: Finding Civilian Employment
- 9 JUN SOS Wives Coffee Break, 1000-1200, Burger King/Kid's Playground, Arctic Warrior Drive, JBER
- 9 JUN Spouse's Social, 6:30-8:30pm, Jitter's in Eagle River
- 11-12 JUN Strong Bonds - Survival Skills for Healthy Families, Denali National Park, POC: 907-428-6692
- 14 JUN SOS Survivor Guys Breakfast, 700-800, Johann's Restaurant, Eagle River
- 15 JUN Lunchtime Lecture, Camp Denali, Room D202, 1200: MRT: Everyday Resilience Skills
- 17 JUN SOS Moms/Sisters Coffee Break, 1000-1200, Kaladi Brothers Coffee, 6921 Brayton Drive, Anchorage

### *Events Executed Continued*

- 10 May SOS Survivor Guys Breakfast
- 13 May SOS Wives Coffee Break
- 14 May Army Yellow Ribbon, Pre Deployment event at the JBER Armory, 14 May 2pm-9pm.
- 14 May The Gathering of Veterans, Menard Sports Complex in Wasilla, 10am-5pm
- 20 May SOS Moms/Sisters Coffee Break
- 20 May Movie Night, Alcantra Armory, 6pm-9pm
- 21 May Air Yellow Ribbon, Pre Deployment to be held at the Talkeetna Theater on JBER, 10am-4pm
- 25-26 Alaska National Guard Safety Days

### *Human Resources Office*

#### **Deputy HRO**

POC: MAJ Don Mercer, [don.mercer@us.army.mil](mailto:don.mercer@us.army.mil) /907 428-6465.

The HRO office recently sponsored the NGB Supervisors Course in the Anchorage Armory, this training is a mandatory requirement for all newly assigned Supervisors within their first year of employment and a Refresher required every three years for all Supervisors. Overall, the training was well represented with a diverse audience of both Air and Army Guard Supervisors. In the HRO office we are currently updating policies and procedures, in order to provide timely guidance to the Field in support of the Fulltime Workforce. If you have any questions don't hesitate to contact us in the HRO.

MAJ Don Mercer  
Deputy J1/HRO

#### **General Info**

POC: Mr. Paul J. Anderson / [paul.j.anderson1@us.army.mil](mailto:paul.j.anderson1@us.army.mil) / 907 428-6454

**All Technicians. Mass Update to Position Description Numbers in DCPDS.** NGB did a mass update to all of the position description numbers over Memorial Day weekend to a new numbering format. The new number does not change the position description in any way other than to change the number itself. If you are having a difficult time deciphering which PD is actually being utilized, please contact Classification (Chief Kale) at 428-6463.

**Employment Verification Tool in MyBiz.** The tool is working fine, sending employee or employee and pay information to the smtp addresses employee's specify. However, general Schedule employees 10.56% cost of living allowance still is not showing up in this tool. NGB is working on getting COLA added to the employment verification tool. We do not have a get well date yet. If you need to have the COLA added to your employment verification, include a copy of this note. If you need a signed copy, please get with HRO-Staffing ([NGAK-QFM@ng.army.mil](mailto:NGAK-QFM@ng.army.mil)) and we will send you a letter with the pertinent information on it.

**All Technicians and supervisors of technicians. MyBiz – MyWorkplace.** Please ensure your smtp address is updated in the system as all notices will be going to your official e-mail address as it's listed in DCPDS (MyBiz/MyWorkplace).

**Electronic submissions of SF52's (Requests for Personnel Action).** We plan on going through electronic submissions of all SF52 requests through DCPDS in the future and the smtp address you have updated in MyBiz/MyWorkplace we be the only method we utilize to contact technicians or their supervisors.

**Staffing**

POC: MSgt Travis L. Doyle / [travis.l.doyle@us.army.mil](mailto:travis.l.doyle@us.army.mil) /907 428-6459  
POC: SSgt Tiffany Hutchinson / [tiffany.hutchison@us.army.mil](mailto:tiffany.hutchison@us.army.mil) / 907 428-6462

OPM has set up a web page where articles and information can be viewed = <http://www.opm.gov/hiringreform/>

**Welcome to the Alaska National Guard Technician Employment Program**

Air	Name	Position	Unit
	DEBORAH C. MCMANUS	CHIEF OF THE JOINT STAFF	JFHQ
	TERRY A. FRIEND	ELEC INTEGRATED SYS MECH	176 MXS
	CHRISTOPHER O. FOLLANTE	ELEC INTEGRATED SYS MECH	176 MXS
	JAMES L. SEIGNEUR	AERIAL GUNNER	210 RQS
	STEPHEN M. GREGORY	AIRCRAFT ELECTRICIAN	168 MXS
	PABLO S. MONTES	IT SPECIALIST (CUSTSPT)	168 CMN FLT
	ERICA L. OLSON	HR SPECIALIST	168 FSF
	SHAMIKA S. EMERSON	HEALTH TECHNICIAN	168 MDG
	TODD R. DEAN	MILITARY PAY TECHNICIAN	168 COMP
	RACHEL J. CRAWFORD	ADMIN SUPPORT TECHNICIAN	168 FSF
Army	VIENGPATHANE K. THONGDY	IT SPECIALIST (CUSTSPT)	JFHQ

**Classification**

POC: CMSgt Bernie Kale / [george.b.kale@us.army.mil](mailto:george.b.kale@us.army.mil) /907 428-6463

In the Classification arena Position Descriptions are written, rewritten and validated by the Functional Area Manager (FAM) of the respective profession. Many of our National Guard standard PDs are in need of updating simply because technology has passed up the current duties listed in the PD's. Typically each functional area has a council that represents the field employees and also assist the FAMs in the re-writing of these duties. Prior to the council meetings they query the field to find out if we have anything needing to be discussed and that is an opportunity to have them look at and discuss with the FAMs the need for an updated PD.

As an example, as of this day, I was advised there is an updated C-17 package with PD's which will cover the required work being performed (includes avionics) currently in coordination. When released for application, these PDs will cover the required work being performed by the maintainers as opposed to using more generic PDs currently available.

One outstanding benefit of updating a PD is for recruit/fill of the position with a highly qualified applicant.

Supervisors - There are many of your Position Descriptions which need attention, and you can help out your FAMs and your subordinates by taking note of what changes need to be made and submitting them for update to your functional council.

<p><b>State Equal Employment</b></p>	<p>POC: Chief Bev Robotkay/ <a href="mailto:beverly.j.robotkay@us.army.mil">beverly.j.robotkay@us.army.mil</a> /907 428-6466</p> <p>Alaska has a Joint Equal Employment Opportunity team – if someone, AGR, M-Day, DSG, or Technician has an issue, we have several trained professionals who can step forward and assist. Chief Robotkay is at currently at training. The Army Guard is in the process of selecting a new JOINT OIC who will be replacing MAJ Jared Wandell as the Army EO Officer.</p> <p>AKNG Diversity Council. The AKNG Chiefs of Staffs, CCMSgt, CSGM need to be involved. Target date is 15 July before the UTA.</p> <p>We have Col Berry from NGB who will be here to help kick this off.</p>
<p><b>Benefits</b></p>	<p>POC: Mr. Robert Gregori 907 428-6475, MSG Everett Johnson 907-428-6247 or SSgt Vanessa Peterson 907 428-6475</p> <p><b>MILITARY MEMBERSHIP AND DUAL STATUS EMPLOYMENT</b></p> <p><b>32 U. S. C. 709</b></p> <p>Sec. 709. Technicians: employment, use, status</p> <p>(a) Under regulations prescribed by the Secretary of the Army or the Secretary of the Air Force, as the case may be, and subject to subsections (b) and (c), persons may be employed as technicians in</p> <ol style="list-style-type: none"> <li>(1) the administration and training of the National Guard; and</li> <li>(2) the maintenance and repair of supplies issued to the National Guard or the armed forces.</li> </ol> <p>(b) Except as authorized in <a href="#">subsection (c)</a>, a person employed under <a href="#">subsection (a)</a> must meet each of the following requirements:</p> <ol style="list-style-type: none"> <li>(1) Be a military technician (dual status) as defined in section 10216(a) of title 10.</li> <li><b>(2) Be a member of the National Guard.</b></li> <li>(3) Hold the military grade specified by the Secretary concerned for that position.</li> </ol> <p>(4) While performing duties as a military technician (dual status), wear the uniform appropriate for the member's grade and component of the armed forces.</p> <p>(c)(1) A person may be employed under subsection (a) as a non-dual status technician (as defined by section 10217 of title 10) if the technician position occupied by the person has been designated by the Secretary concerned to be filled only by a non-dual status technician.</p> <p>This is an excerpt from the law that was created to bring National Guard employees under the Federal Government's employment system relative to P.L. 90-486, The National Guard Technician Act. It states there is a requirement to be a member of the National Guard in order to be a technician for the National Guard unless you are non-dual status employee (ie, civilian).</p> <p>It is a common misconception an individual who loses National Guard membership is automatically entitled to an additional 30 days continued employment after they have ceased to be a member of the National Guard. There is no provision in the law to allow this to occur and National Guard Technician Personnel Regulation 715 supports this fact. The TPR does create limited circumstances where in it is possible for a person who has lost military membership to continue working as an employee of the Alaska National Guard after the required military affiliation has ceased. Those circumstances are during the time an employee is waiting for the Office of Personnel Management to adjudicate a disability retirement application (either approved or denied) and when the Human Resources Office fails to provide a required 30 day notice in a timely manner prior to the event. As noted in the TPR it is the HRO's responsibility to make every effort to coincide the technician's last day as a military member as their last day of employment. Following is an excerpt from the TPR regarding this:</p>

## Benefits Con't

Departments of the Army and the Air Force, National Guard Bureau \*TPR 715

### Chapter 3

#### Non-Disciplinary Action

##### 3-1. Loss of Military Membership

a. Federal law requires civilian personnel employed pursuant to 32 U.S.C. 709 (a) to maintain membership in the National Guard as a condition of continued employment and requires prompt termination from the current position upon loss of membership in the Army or Air National Guard. The one exception to the requirement for prompt termination upon loss of military membership is in pending disability retirement claims. Under these circumstances, a technician who has lost military membership may be retained until the OPM's adjudication is received.

b. A technician must be notified in writing of his/her termination at least 30 calendar days before the termination date (unless serving under a temporary appointment, serving a trial or probationary period, or has voluntarily ceased to be a member of the National Guard). Termination from technician employment will coincide with separation from the National Guard since waiting until the military separation date to issue the notice would not be in keeping with the intent of Congress.

The Human Resources Office makes every effort to be aware of technicians' military status. It is with the coordinated effort of the military personnel offices, the military medical commands and the HRO we are able to keep informed of dual status technicians whose military membership may be in jeopardy and provide them with important information. Employees are also responsible to keep the HRO informed of any potential changes in their military status well in advance of when the event will occur. There are important benefits associated with employment in the National Guard and communication is key to protecting those benefits.

#### The Federal Long Term Care Insurance Program (FLTCIP) Open Season ends June 24, 2011!

##### "Now is the Time to Take the Next Step!"

"If you've decided to take advantage of the financial security and independence the FLTCIP may provide, then now is definitely the right time," said Joan Melanson, Director of Program Promotion for the FLTCIP. "With abbreviated underwriting, there are only a few key decisions to make, just seven health questions to answer, and a minimum of effort needed to apply."

During the FLTCIP Open Season, actively at work Federal and U.S. Postal Service (USPS) employees and their spouses, and active members of the uniformed services and their spouses can apply with abbreviated underwriting. And in keeping with President Obama's June 17, 2009 memorandum *Federal Benefits and Non-Discrimination*, same-sex domestic partners of Federal and USPS employees can also apply with abbreviated underwriting.

While the FLTCIP accepts applications from eligible individuals throughout the year, the 2011 FLTCIP Open Season offers more people the opportunity to apply with abbreviated underwriting—and it's the first Open Season since the FLTCIP was introduced in 2002. Applying now could not be easier — you can even do it online or over the phone.

Follow these steps to apply today:

- 1) Visit [www.LTCFEDS.com](http://www.LTCFEDS.com) to customize plan options and rates—and then apply online!
- 2) Call a Certified Long Term Care Consultant at [1-800-LTC-FEDS](tel:1-800-LTC-FEDS) and work one-on-one to review FLTCIP benefit options and premiums. We can complete your application right over the phone!

Act now because **FLTCIP Open Season ends June 24, 2011!**



<p><b>Benefits Con't</b></p>	<p><b>About the Federal Long Term Care Insurance Program</b></p> <p>The Federal Long Term Care Insurance Program (FLTCIP) was established by an act of Congress in 2000 and was designed to meet the specific needs of the Federal family. The FLTCIP provides industry-leading benefits and offers flexible options that allow enrollees to tailor coverage to meet their needs.</p> <p>The FLTCIP is administered by Long Term Care Partners under the supervision of the U.S. Office of Personnel Management.</p> <p>Certain medical conditions, or combinations of conditions, will prevent some people from being approved for coverage. You need to apply to find out if you are eligible for this coverage.</p> <p><b>Uniformed Services Employment and Reemployment Rights Act MILITARY SERVICE REQUIRES TECH PREP AS MUCH AS MIL PREP</b></p> <p>It is critical for the continuation of your benefits to contact the Human Resources Office prior to being away from the workplace to perform military duty apart from your regular Annual Training or Week-end Drills REGARDLESS OF WHETHER OR NOT YOU ARE COVERING ALL OR PART THE ABSENCE WITH PAID LEAVE. Do yourself and the HRO a favor and provide as much notice as possible in advance of your departure date. Especially if you plan to take an extended vacation prior to deploying.</p> <p>In October 2010, the Office of Personnel Management identified a problem with individuals who were away from the workplace to perform military duty and revised the LWOP-US process and changed the Nature of Action to ABSENT-US. A key change to this was the effective date. The effective date for ABSENT-US is the same as the start date of the military orders. The only exception is when a person is using Regular Comp time that will expire while away. Otherwise, the law allows the use of Military Leave (LM), Annual Leave (LA) and Comp time for travel (CF) while in an ABSENT-US Status. Sick leave may be authorized in the event of serious illness or injury and requires medical documentation to show the incident meets the Office of Personnel Management's requirements. Supervisors are advised to contact the HRO for guidance in the event an employee is experiencing a situation that qualifies prior to granting the use of sick leave.</p> <p>POC to contact if you are notified you will be deploying is MSG Everett Johnson at (907) 428-6247 or Mr. Robert Gregori at (907) 428-6475. You will be advised regarding the necessary documents to proceed and the most effective time to come to the HRO for your mandatory USERRA Briefing.</p>
<p><b>Labor Relations</b></p>	<p>POC: SMSgt Karl Howard <a href="mailto:karl.howard1@us.army.mil">karl.howard1@us.army.mil</a> /907 428-6453, BlackBerry 907 854-1958</p> <p>The "NEW" Technician Personnel Regulations (TPR) 630 and 752 are now available for your use. There are several changes in both regulations. Please take the time to review these. Here is the website <a href="http://www.ngbpdc.ngb.army.mil/pubs/TPR/tpepage.htm">http://www.ngbpdc.ngb.army.mil/pubs/TPR/tpepage.htm</a> where you can find all of the TPR's. Please contact me if you have any questions pertaining to these new TPR's.</p> <p>*Labor Management Agreement Negotiations Class – by invitation: 20-24 June, Ft. Richardson Education Center, 0800, Civilian Attire (business/appropriate).</p>

## Employee Training

POC: MSgt Dave Matthews/ [dave.matthews1@us.army.mil](mailto:dave.matthews1@us.army.mil) /907-428-6518

**Army Guard technicians** – When requesting training, both dual and non-dual status technicians are required to submit an approved SF182 to HRO in order to receive funding, if applicable, for training and travel. The approved SF182 is also used to receive credit within DCPDS for course completion.

**Air Guard technicians** – When requesting training, both dual and non-dual status technicians are required to submit an approved SF182 to your Wing training office in order to receive funding, if applicable, for training and travel. A copy of the approved SF182 needs to be forwarded to HRO in order to receive credit within DCPDS for course completion.

**MyBiz information, New in Self Service** – Technician Employees are now able to update their training Information. <https://compo.dcpds.cpms.osd.mil/>

**HRO Technician Training policy is finalized. To view the policy letter go to the following link:** <http://akportal/C10/J1/default.aspx>

**DCSIM** is offering classes for Army, Air and civilian personnel to help everyone transition from the old Windows XP/MsOffice 2003 software to the new Windows Vista/MsOffice 2007 software. All classes are hands-on using the 12 computers located in the DL classroom, B-205, Bldg 49-000. Each class is 1.5 hours long. These classes will also be offered concurrently through the distance learning classrooms in Juneau, Fairbanks, Greely, Nome and Wasilla. Please contact Karen Ciocchi as soon as possible with the names of your participants. Class sizes are limited to 12. For the class schedules see AK Portal at: AK Portal Main page/J6- Communications and Computers/Distance Learning and Visual Information (over on the far left)/Information Systems Training. On the Information Systems Training page, in addition to a link to the Calendar for Computer Classes is a handy list of computer Tips of the Day links to online classes at Microsoft.com available 24/7. Several areas of the Self-Help Topics are still “under construction” but, if you are your group’s AKPortal administrator and could use some help, check out the SharePoint/AK Portal help. POC for these classes is below; email Karen with the names of attendees and desired class number and date. If you do not have access to AKPortal and want a schedule, please email her. Finally, note that Karen is also AKARNG’s “onsite expert” in the Armory for all things Microsoft and is ready to give you 1-on-1 guidance on a daily basis. Call, email, or stop by her desk in the G3 for fast, friendly help when you’re in a jam.

POC: Karen Ciocchi, CTR NG AK ARNG  
SharePoint Administrator & IT Trainer, JFHQ/DOIM  
Office: G3 Room C209, Bldg 49-000  
907-428-7592 Desk, 907-317-1863 [karen.ciocchi@us.army.mil](mailto:karen.ciocchi@us.army.mil)

**Air Guard personnel – Mandatory training for Sexual Assault Prevention and Response (SAPR) Bystander Program.** Effective immediately, bystander intervention training will be provided in lieu of annual sexual assault prevention and response (SAPR) training. Look for new schedules starting 6 June. For more information in regards to this training please read Maj Spear-Budd’s email and attachment or contact Maj Spear-Budd at [kay.luree.spearbudd@us.army.mil](mailto:kay.luree.spearbudd@us.army.mil) or 428-6680.

Kay L. Spear-Budd, Lt Col, AKANG      Lt Col Kay L. Spear-Budd  
State Family Program Director, Alaska National Guard  
WK: 907-428-6680, DSN: 384-4685, Toll-Free: 1-888-917-3608, Cell: 907-632-3378  
[www.jointservicessupport.org](http://www.jointservicessupport.org)

<b>AGR Management</b>	<p>POC: CW4 Tammy Kostoff, <a href="mailto:tammy.kostoff@us.army.mil">tammy.kostoff@us.army.mil</a> / 907 428-6433</p> <p>POC: TSgt Saroya, Porche <a href="mailto:saroya.s.porche@us.army.mil">saroya.s.porche@us.army.mil</a> /907 428-6457</p> <p>POC: MSG Heffele, Jody, <a href="mailto:jody.heffele@us.army.mil">jody.heffele@us.army.mil</a> /907 428-6458</p> <p>The Active Selection Management Board (ASMB) was conducted in April and the results for the Officers and Enlisted selected to stay and or retire have been notified. It is imperative that all Soldiers going over 18 years of active duty service and who are already have over 20 years of total active military service ensure their records are up to date - including the DA Photo. This will give you a better chance at being retained.</p> <p>AGR Soldiers who are eligible for an active duty retirement and plan on deferring retirement need to see me as soon as possible. You will need to sign a statement of understanding because there are certain benefits you may lost when you defer your retirement.</p> <p>We would like to welcome aboard SSG Luis Eliza-Ortiz to the HRO team. He is in charge of all Army AGR pay and transactions so please welcome him to the team.</p> <p>Please ensure you have an ATRRS confirmation for PEC courses prior to submitting a DTS request for Authorization of orders. <a href="http://www.defensetravel.osd.mil/dts/site/index.jsp">http://www.defensetravel.osd.mil/dts/site/index.jsp</a></p> <p style="text-align: center;"><b>Fulltime Job Opportunities</b>  <a href="http://dmva.alaska.gov/employment.htm">http://dmva.alaska.gov/employment.htm</a>  <a href="http://www.alaskaairguard.com">http://www.alaskaairguard.com</a></p>
<b>Joint Services Support Team</b>	
<b>Family Programs</b>	<p>POC: Lt Col Kay Spear-Budd /907 428-6680, <a href="mailto:kay.luree.spearbudd@us.army.mil">kay.luree.spearbudd@us.army.mil</a></p> <ul style="list-style-type: none"> <li>▪ Oversight of Service Member and Family Support Services.</li> <li>▪ <b>Provide 24/7/365 high quality Family services to meet the needs of the Guard and Reserve service members and their Families.</b></li> <li>▪ Source of accurate and current information.</li> <li>▪ Information and referral.</li> <li>▪ Coordination with Rear Detachments of deployed units.</li> <li>▪ Assistance during local and National emergencies and evacuations.</li> <li>▪ Oversight of state grants.</li> </ul>
<b>176th Wing &amp; 168th Wing Airman &amp; Family Readiness Office</b>	<p><b>176<sup>th</sup> A&amp;FRPM</b>  POC: Jill Meszaros, Com (907) and DSN: 551-7649, <a href="mailto:jill.meszaros@elmendorf.af.mil">jill.meszaros@elmendorf.af.mil</a></p> <p><b>168<sup>th</sup> A&amp;FRPM</b>  POC : Kristie Harrison, Com (907) and DSN: 377-8715, <a href="mailto:kristen.harrison@ang.af.mil">kristen.harrison@ang.af.mil</a></p> <p>The Airman and Family Program Manager (A&amp;FRPM) is the first point of contact for Airman and their Families within the Wing. A few of these services include crisis support and referral, deployment cycle support, family readiness training and outreach opportunities. Wing A&amp;FRPM acted as a conduit for information and services provided by AKNG State Family Program Office, Active Duty Air Force and local community support systems.</p> <p>A&amp;FRPM within each Wing will serve as a Commanders resource for programs which enhance readiness of Airman and their Families and contribute to overall morale and welfare. This includes support of the Key Volunteer program.</p>





<b>Sexual Assault Prevention and Response &amp; State Crisis Manager</b>	<p>POC: Gretchen Nealy/ <a href="mailto:Gretchen.nealy1@us.army.mil">Gretchen.nealy1@us.army.mil</a> /907 428-6219</p> <p>The Sexual Assault Prevention and Response Programs mission is to end sexual violence and ensure high quality, comprehensive, and preventative measures encouraging competent service members and Family members; and to promote change that fosters a military environment that is responsive to victims and survivors of sexual assault. Provides <b>24 Hour Victim Assistance/Advocacy, Annual Training, Domestic Violence Prevention and Reporting, Education, Suicide Intervention, CISM.</b></p> <p>Available Training: ASIST (Suicide Intervention), Bystander Training, Four Lenses, ACE (Suicide Prevention), Suicide TALK (ages 13 and older).</p> <p>If you or someone you know may have been a victim of sexual assault or domestic violence you have options, militarily and through the State of Alaska to receive <b>confidential</b> services. Check with your SARC or a Victim Advocate today to learn more about Restricted and Unrestricted reporting options. ARNG-You must be an E6 or above to be approved to participate as a victim advocate.</p>
<b>Yellow Ribbon Program</b>	<p>POC: Air Guard - Veronica Sanchez / <a href="mailto:veronica.sanchez.ctr@ang.af.mil">veronica.sanchez.ctr@ang.af.mil</a> / 907 903-0240</p> <p>POC: Army Guard - Mary Sorensen/ <a href="mailto:mary.sorensen@us.army.mil">mary.sorensen@us.army.mil</a> /907 428-7501</p> <p>POC: Army Guard Meagan Hudgins/ <a href="mailto:meagan.hudgins@us.army.mil">meagan.hudgins@us.army.mil</a> /907 428-6367</p> <p>POC: State Coordinator Edwin Brunner/ <a href="mailto:edwin.brunner@us.army.mil">edwin.brunner@us.army.mil</a> /907 428-7539</p> <ul style="list-style-type: none"> <li>▪ We will provide <b>information, services, referral and proactive outreach opportunities for service members, Families, employers and youth throughout the entire deployment cycle.</b> We will work hand-in-hand with the Alaska National Guard Family Programs to ensure that service members and their Families receive the services available to them to include Family counseling, DEERs, TriCare, VA support, financial planning and more.</li> <li>▪ Programs are provided on a 90-60-30 day Pre-Deployment/30-60-90 day Post-Deployment training for all service and Family members. Programs also provided during deployments for families of the service members that are deployed. In conjunction with Yellow Ribbon workshops the program also provides Youth Camp for children 6-17 and FREE onsite childcare for ages 0-5.</li> </ul>
<b>Employer Support of Guard and Reserve</b>	<p>POC: Executive Director, Jamie Abordnado/ <a href="mailto:jamie.wunn@us.army.mil">jamie.wunn@us.army.mil</a> /907 428-6829</p> <p>POC: Program Support Specialist, Bradley Miller/ <a href="mailto:bradley.lee.miller@us.army.mil">bradley.lee.miller@us.army.mil</a> /907 428-6829</p> <ul style="list-style-type: none"> <li>▪ Employer Support of the Guard and Reserve is a Department of Defense agency that seeks to promote a culture in which all American employers support and value the military service of their employees. The Alaska Committee conducts employer outreach, military outreach, awards, training, public affairs and ombudsman program to recognize outstanding support, increase awareness of the law, and resolve conflicts through mediation.</li> <li>▪ <b>To nominate your employer for outstanding service</b> go to <a href="http://www.esgr.org">www.esgr.org</a></li> </ul>
<b>Director of Psychological Health</b>	<p>POC: Lyn Tashea/907 428-6662</p> <p>The mission of the National Guard Psychological Health Program is to advocate, promote, and guide National Guard members and their Families by supporting <b>psychological fitness for operational readiness.</b></p> <p>Direct 24/7/365 access to your state DPH • Assessments • Referral services • Case management services • Follow-up services • Commander consultation services • Leadership training • Wellness education • Critical incident management services.</p>

<b>Suicide Prevention Program &amp; Post Deployment Health Reassessment Manager</b>	<p>POC: Position Vacant – please call 907 428-6241</p> <p>To recognize the seriousness of suicidal behaviors and potential within the AKNG. To implement appropriate control measures that address and <b>minimize the risk factors of suicide</b> while strengthening the factors that mitigate those risks. To <b>aid and equip commanders and leaders with the skills</b> and resources necessary <b>to combat suicide</b> by providing quality <b>interactive training</b> on prevention, intervention, and postvention. To ensure <b>early identification and treatment of emerging deployment-related health concerns</b>.</p> <ul style="list-style-type: none"> <li>▪ Develop positive life coping skills.</li> <li>▪ Encourage help-seeking behavior.</li> <li>▪ Raise awareness of, and vigilance towards suicide prevention.</li> <li>▪ Synchronize and integrate our efforts with joint-forces' and community initiatives.</li> <li>▪ Conduct suicide surveillance, training, analysis, and reporting on an ongoing basis.</li> </ul>
<b>Family Readiness Assistant</b>	<p>POC: Gia Simmons/ <a href="mailto:gianna.simmons@us.army.mil">gianna.simmons@us.army.mil</a> , 907 428-6682</p> <p>State FRSA provides Family Readiness Support to the Adjutant General and HQ Staff. The FRSA's at the unit level provide Family Readiness Support to the Commander and unit's Families. FRSA's will provide guidance, assistance, and day-to-day support and continuity for the Commander's Family Readiness Program, operations, and initiatives. FRSA's serve as the conduit for command information and coordination pertaining to Family readiness throughout the command. Provide training, hands-on assistance, and information to subordinate unit commanders and unit Family readiness groups on all aspects of Family readiness, wellbeing, and deployment cycle support within the command.</p>
<b>Family Assistance Center Manager</b>	<p>POC: Carrie Schrader/ <a href="mailto:carolyn.schrader@us.army.mil">carolyn.schrader@us.army.mil</a> /907 428-6663 or toll free 1-888-917-3608</p> <p>Family Assistance Centers (FACs) offer information and <b>referral services</b> to Families from all military branches, whether active, Guard/Reserve, or retired. Professional consideration and confidentiality are fundamental elements found at each FAC, with topics running the gamut from personal issues requiring advice to difficult challenges resulting in referrals to outside resources. FAC Specialists are ready to serve, assisting military leaders and Families in <b>building strong military Family readiness</b>.</p>
<b>Chaplain</b>	<p>POC: Chaplain Rick Koch/ <a href="mailto:rick.koch@us.army.mil">rick.koch@us.army.mil</a> /907 428-6904</p> <p>Chaplains are ready to meet the pastoral and spiritual needs of all our National Guard members, their Families and all of our civilian support staff. Counseling sessions with chaplains are always strictly confidential and no records are kept. We also offer quality relationship enhancing programs for couples, families and singles through Strong Bonds at no cost. Register @ <a href="http://www.strongbonds.org">www.strongbonds.org</a> and sign up.</p>
<b>Child &amp; Youth Program Coordinator</b>	<p>POC: Joan Boltz/ <a href="mailto:joan.boltz@us.army.mil">joan.boltz@us.army.mil</a> /907 428-6670</p> <ul style="list-style-type: none"> <li>▪ Assist youth in understanding why their Family member serves in the military</li> <li>▪ Help youth realize their coping skills to deal with the stressors of the deployment cycle</li> <li>▪ Provide accurate and useful information and resources to the parents and youth</li> <li>▪ Foster strong families through periodic classes and collaborative training opportunities for parents, care-givers, teens and youth on a variety of topics</li> <li>▪ Encourage youth to develop positive self-esteem, self-confidence; show respect for self and others; and help youth to develop team skills and leadership abilities</li> <li>▪ Assist youth in becoming more aware of hazards of substance abuse and other destructive behaviors Provide teachers and other community members with helpful deployment, separation and redeployment (reunion) information through work with the Education Deployment Task Force/JFSAP Education Outreach</li> </ul>

<b>Child &amp; Youth Program Coordinator Continued....</b>	<ul style="list-style-type: none"> <li>▪ <b>Teen/Youth Council Training:</b> Find out about the benefits of being in a group that supports fellow military Youth and Teens. We'll be exploring not only what we can do to help, but fun opportunities in the area 0900 – 1600 (bring your own lunch, snacks provided). Taking place at bldg 60—802 at Camp Carroll on Joint Base Elmendorf Richardson. Register on the JSS website.</li> <li>▪ <b>Teen Babysitter Training:</b> You will feel much more confident as a caregiver once you have participated in this research based training. Learn everything from first aid and cpr to songs and crafts to do with children of various ages. And learn how to properly manage money you'll earn as a paid sitter. Taking place at bldg 60—802 at Camp Carroll on Joint Base Elmendorf Richardson. Register on the JSS website.</li> </ul> <p>"Three Ropes Courses for youth coming up fast! Check the <a href="http://www.jointservicesupport.org">www.jointservicesupport.org</a> website for age restrictions for each camp! Call 428-6670 if you have questions after checking the website! Thanks."</p>
<b>Military OneSource</b>	<p>POC: Laurie Hogan/ <a href="mailto:laura.hogan@militaryonesource.com">laura.hogan@militaryonesource.com</a> /907 428-6293</p> <p>State <b>expert on the resources available</b> in the communities where Service members and their Families reside. <b>Travels</b> throughout the state to meet with Families, units and Family support staff. Can provide a 10 minute to 2 hour trainings regarding several topics related to military life and everyday issues. To request a presentation <a href="http://www.militaryonesource.com">www.militaryonesource.com</a> under "events and presentations".</p>
<b>Education Office</b>	<p>POC: Capt Nanette Martinez / <a href="mailto:nanette.martinez@us.army.mil">nanette.martinez@us.army.mil</a> / 907 428-6477</p> <p>POC: SSG Derrick L. Green Jr / <a href="mailto:derrick.greenjr@us.army.mil">derrick.greenjr@us.army.mil</a> / 907 428-6228</p> <ul style="list-style-type: none"> <li>▪ <a href="mailto:NGAK-EDUservicesoffice@ng.army.mil">NGAK-EDUservicesoffice@ng.army.mil</a></li> </ul> <p>There are numerous <b>education benefits</b> that may be available to you through the National Guard or your prior military service. You may be eligible for <b>Federal Tuition Assistance, University of Alaska Scholarship, Non-University of Alaska Tuition Reimbursement, Chapter 1606-Select Reserve GI Bill, Chapter 1607-REAP, Chapter 30-Active Duty GI Bill, Chapter 33-Post 9/11 GI Bill, and/or Chapter 33-Post 9/11 Transferability.</b> Provides counseling and Educational Briefings to Service Members.</p>
<b>Honor Guard</b>	<p>POC: <b>State Coordinator:</b> Just arrived!! Welcome Charles Einarson, 907 428-6688, <a href="mailto:charles.p.einarson@us.army.mil">charles.p.einarson@us.army.mil</a></p> <p>POC: <b>Master Trainer:</b> SPC Steven Morrell <a href="mailto:steven.morrell@ng.army.mil">steven.morrell@ng.army.mil</a> / 907 428-6252</p> <ul style="list-style-type: none"> <li>▪ Renders <b>professional military funeral honors</b>, in accordance with service tradition, to all eligible veterans <b>when requested by an authorized Family member.</b></li> <li>▪ Honor Guard is seeking for motivated individuals to join a respected detail to render honors.</li> </ul> <p>The majority of the Soldiers serving as a member of the Honor Guard are M-Day, who volunteers their time outside of drill dates to practice their skills, render Honors or present the Colors as a Color Guard Detail. Without the participation of the M-Day soldier, we cannot accomplish our Missions.</p>
<b>Survivor Outreach Services Specialist</b>	<p>POC: Lea Anne McWhorter <a href="mailto:lea.a.mcwhorter.ctr@us.army.mil">lea.a.mcwhorter.ctr@us.army.mil</a> /907 428-6066</p> <p>Survivor Outreach Services demonstrate the Guard's <b>commitment to Families of the Fallen and the retired.</b> If a deceased person wore a military uniform their Family belongs to us; and we are to make sure that as a Family continues to grieve they don't fall through the system's cracks. Our mission is to expand and improve services to survivors. Define roles and the responsibilities of military agencies to Families of the deceased to improve the response of their needs while streamlining the process for Families of the Fallen. We do this by coordinating local and Federal benefits, offering financial counseling, and providing long term grief support.</p>

<b>Transition Assistance Advisors</b>	<p>POC: Mirta Adams/ <a href="mailto:mirta.adams@us.army.mil">mirta.adams@us.army.mil</a> /907 428-6208</p> <p>The Transition Assistance Advisor (TAA) program is to serve as the statewide point of contact to assist members in accessing Veterans Affairs benefits and healthcare services. Provide assistance in obtaining entitlements through the TRICARE Military Health System and access to community resources.</p> <p>Your Transition Assistance Advisor will commence traveling with the Reconnecting Veterans team. These travels along with the Yellow Ribbon events will keep a tight schedule; however, if you are in immediate need please leave a message as all calls are forwarded a blackberry.</p>
<b>Military Family Life Consultants</b>	<p>POC: Rocio Baquerizo /907 382-1795</p> <p>Provides direct short term, non medical, solution focused counseling services to individuals, couples, Families and groups for situations resulting from commonly occurring life circumstances.</p> <p>The counseling service will assist Service members and Families in dealing with relationships, crisis intervention, stress management, Family issues, parent-child communications, Family separations, and reintegration due to deployments.</p>

### Alaska National Guard J1/Human Resource Office & Joint Support Services

What else does your J1 do for you? In a domestic event, we are responsible for you and your family's accountability!

Col Edie Grunwald, J1/HRO, [edith.m.grunwald@us.army.mil](mailto:edith.m.grunwald@us.army.mil), 907 428-6450

MAJ Don Mercer, Deputy HRO, [don.mercer@us.army.mil](mailto:don.mercer@us.army.mil), 907 428-6465

Lt Col Kay Spear-Budd, Family Programs Director, 907 428-6680

**Phone: HRO Front Desk (907) 428-6451 and 428-6578 to select options and rings the office you want to reach.**

*To call DSN: Change the 428 prefix to 384- 4XXX.*

*Check out the HRO Website!*

<http://akguard.army.mil/sites/akarnq/Pages/hro1.aspx>

*Check out the Joint Support Services Website!*

[www.jointservicesupport.org](http://www.jointservicesupport.org)

Toll-Free: 1-888-917-3608

